Audio Description transcript for *Dup-boug-a-dad*

A still picture shows a pile of blue foam cubes.

Suddenly, our view moves to the side, then the screen goes black... Some clothes lie scattered in what appears to be the corner of an indoor gym... Now, in high angle view, groups of four teenagers, mostly girls, practise cheerleading moves on the gym floor.

A young man with Down syndrome joins one of the groups. They pick him up on their shoulders, he stretches his arms out to the sides and smiles.

Other teens practise tumbling moves, then one groups raises a young woman above their heads... The goateed man with Down syndrome now stands at the centre of his group, holding up the legs of the young woman. Later, he stands with his group and smiles. The larger group now practises a cheerleading routine.

The screen goes black, then the large group practises the routine again, one of the girls wearing a knee brace.

The man with Down syndrome runs onto the mat, then several young men, on their hands and knees, form a platform for the women to stand on. A young woman does backward flips on the mat. Two young women hold hands with the man with Down syndrome as they all strike a pose.

In fast clips, the larger group and the smaller ones continue to practise different cheerleading moves. Now the man with Down syndrome shakes hands with one of the teenaged girls. As they chat, the rest of the group keeps on practising.

They smile and fist bump. The man with Down syndrome nods and high fives another young man. In fast clips, several cheerleaders stand with their heads bowed, then others step off the mat. The man with Down syndrome stands on the shoulders of another cheerleader, sticks his arms to the side, fists clenched, and smiles.

A girl standing on the man raises her left leg behind her back and grabs her foot above her head. Two girls hold up the man with down syndrome, who smiles.

Now he's on his hands and knees as part of the men's platform. The young women smile and stride across the mat. The man, being held up high, sticks out one arm to the side, with the fist clenched. The girls toss another girl up, then catch her in their arms. Two girls do backwards flips. Another one tumbles as she's tossed into the air. The goateed man watches and smiles. Now a second row of mostly girls, on hands and knees, forms above the first row on the mat. A boy and a girl hold up another girl, who smiles, stretches out her left leg and grabs her foot. They then toss her up and she twirls as she falls into their arms.

A third row of girls on hands and knees forms above the second row... then a single girl forms the top row. At the bottom, the goateed man, on his hands and knees, looks up and smiles.

Now he stands, removes his baseball cap and runs his hand through his hair. On his left upper arm, a tattoo shows a heraldic crest and the name David Gunn. The members of the cheerleading team run and tumble across the mat.

The screen goes black.

A girl adjusts the elastic holding her long, wavy red hair in a ponytail. The goateed man smiles and displays his blue shirt, which shows a crest with a two-headed eagle. He smiles and points at it. Two groups toss girls in the air side by side.

Now, as the rows of the pyramid are disbanded, the goateed man stands up and high fives a teenaged girl. The team practises different moves on the mat, then the goateed man stands with a taller, slim and bald man. One group tosses a girl to another group of young men, who catch her in their arms. Now they boys hold up one girl by her feet. The goateed man stands with his arms folded and smiles. The cheerleaders practise moves, then a dark haired girl high fives him again.

Now several boys hold him up by the legs, and he stretches out his arms to the side. Later, he stands in the same position, holding hands with the two girls, who strike a pose with a fist in the air. A group tosses a girl in the air and when they catch her, two of them stumble and fall on the mat.

Now they all stand around, smiling. The pyramid appears in fast clips, then the goateed man holds up a cheerleader by the feet, helped by three other young men.

The screen goes black, then the group practises a routine, skipping and clapping. A girl high fives the goateed man... he motions for her to come closer. In fast clips, he and others hold cheerleaders up by the feet. He shakes hands with the girl, then appears in fast clips with the rest of the group, doing a cheer and making the human pyramid.

He nods, smiles, then pretends to toss a cheerleader in the air and catch her.